

GET READY TO
SOAR

STUDENT + FAMILY

CREATED
ON PURPOSE
FOR A PURPOSE™



Onebody3™ equips students with an understanding of their identity by connecting them to their unique mindset process.

The *Purposed Mindset Profile* helps parents/guardians work with their young adult to determine a path for career and college readiness that will meet his/her motivational and psychological needs.

WHO AM I AND WHY AM I HERE?

Who am I? and *Why am I here?* are two questions an individual faces in their purpose journey. At Onebody3™, we believe that every person was *Created On Purpose For a Purpose* - every journey is unique.

Soar™ is a learning model that was developed through 20+ years of expertise in human development and education. Our experts guide students through a process of identifying their unique mindset process and how it impacts their thoughts, beliefs, and behaviors.

Once a student understands their purposed mindset process, they will be coached on how to engage in relationships through effective communication, recognize personal stress patterns, resolve conflicts, and be motivated to make decisions that align with living their lives *On Purpose For a Purpose*.

SOAR™ PACKAGE

STUDENT + FAMILY

Duration of 6 to 9 months

3 - Personalized Purposed Mindset Profiles - *online assessment*

Includes:

- One for student
- One for each parent/guardian
- Up to 3 profiles

2 - 45 minute coaching sessions for the student- *virtual*

Includes:

- Engage student in identifying their unique mindset, values, and strengths/passions
- Equip students to recognize stress patterns and how to manage them
- Student will be equipped with tools to align with future school and/or career paths
- Student will create a personalized purposed mindset action plan

1 - 60 minute coaching session to include parents/guardians - *virtual or in person*

Includes:

- Parent/Guardian Report - includes both the student and parent mindset profiles
- Parents/Guardians will be informed of their child's mindset profile, values, and strengths/passions
- Parents/Guardians will be equipped to recognize their child's psychological needs, stress patterns, and motivators

This will result in individuals being On Purpose For a Purpose powered by relationships

1 - 60 minute coaching session to include parents/guardians - virtual or in person Includes how to:

- Use communication tools to connect with mindsets
- Identify individual needs with mindset
- Recognize stress patterns within mindset
- Connect mindset with values to motivate thoughts, beliefs, and behaviors
- Create a college or career readiness path

\$849

NEXT STEPS

Please email jcooley@onebody3.com with first name, last name, and email of student and each parent/guardian. The Relationship Manager at Onebody3™ will be in contact with you to start scheduling sessions. Thank you!

QUESTIONS?

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